



## Peer Support Worker – Lynx EPI Early Psychosis Intervention

**Job Posting #: PSW 11 11**

1 Relief position available in each of the following locations:  
Peterborough, Cobourg, Campbellford, Minden and Lindsay

### Summary

Peer support is founded upon the principle that people who have life experiences in common have something to offer each other which cannot be provided by others. Individuals who have experienced psychosis, or some other serious mental illness, are in a unique position to offer compassion, support, knowledge and motivation gained from their own lived experience.

The Peer Support Worker – Lynx EPI assists young people living with Early Psychosis through the provision of services and supports to facilitate recovery, reintegration, and a quality of life that is meaningful, comfortable and enjoyable.

### Responsibilities

- Participate in communication and planning for multi-disciplinary treatment team work
- Assist in the planning and implementation of services that promote recovery from First Episode Psychosis
- Assist clients in their efforts to understand their illness and the process of recovery
- Assist clients in their efforts to maintain or regain or establish an active and enjoyable life-style
- Assist clients in their efforts to be active in the areas of socialization, recreation, education and vocation
- Assist clients in their efforts to have positive relationships with friends, family and/or colleagues
- Assist clients in their efforts to prevent relapse or crises, and to respond appropriately if these do occur
- Participate in the development and delivery of group programming as required
- Participate in the delivery of workshops for the purposes of Public Education and Professional Training
- Maintain documentation and filing, and other administrative duties as required
- Participate in the process of supervision, training and professional development

### Qualifications

- Lived experience and knowledge about recovery from psychosis or other mental health conditions
- Positive energy and enthusiasm for engaging and motivating young people living with mental illness
- Demonstrated ability to communicate with young people about mental illness and recovery
- Demonstrated organizational and time-management skills, accountability, reliability and punctuality
- Personal knowledge of the mental health system, and the ability to share this knowledge with others
- Willing to work flexible hours
- Non-Violent Crisis Intervention training and First Aid/CPR will be considered an asset
- Satisfactory police records search and vulnerable sector screening
- Ability to work independently as well as part of a team

### Wage Range

\$13.80 to \$16.23 per hour

**Deadline for Applications: Friday, November 25, 2011**

Please reference the specific posting # in your cover letter.

<b>Mail</b>	<b>Human Resources</b>	<b>Fax</b>	<b>705.748.4078</b>
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ACCREDITATION CANADA  
AGREMENT CANADA

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

**CMHA-Peterborough** endorses the principles of workplace equity and workforce diversity.

Qualified designated members are encouraged to apply.



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