






March 2012

Monday	Tuesday	Wednesday	Thursday	Friday
April Highlights -Time Management -Money Management - Self Care: Sanitation & Hygiene -Dining Etiquette Mongolian Grill -Easter Party	REACH has got TALENT! Don't forget to attend 2 nd rehearsal with Alicia & Melinda on the 14 th 	Catering Plus Meals Every Thursday REACH gets a special price Choose from Mac N Cheese to a variety of different pizzas for only \$3.50! Please place orders with staff on Mondays, thank you!	1 Centre Closed for Team Meeting 9:00am – 12pm Arts & Crafts Group With Facilitator Melinda 1:00 – 2:30	2 Healthy Meals Cooking Class "Bacon Soup" Registration Required \$2.00/person 10:30 – 1:00 Adventure Flick "The Sorcerer's Apprentice" 2:00 -4:00
5 Bingo – 11am-12pm Get Up & Go-1pm – 2pm Emotional Regulation 4 week workshop With facilitator Melinda Registration Required 2pm – 3pm	6 Shake & Bake (Cake in a cup) 10am – 11:00- Self Care Skills <i>Developing a hobby or interest</i> 2pm – 3pm	7 Dining Etiquette Riley's \$10.00 + tip Optional \$ for beverage Registration Required 11:30am -2pm Documentary 2-4pm	8 Women's Day Must be registered to attend event Arts & Crafts Group With Facilitator Melinda 1:30 – 3:30	9 Healthy Meals Cooking Class "Mac & Cheese" Registration Required 10:30 – 1:00 - \$2.00 Comedy Flick "The Green Lantern" 2:00 -4:00
12 Photovoice 10am – 11am Train Your Brain 11:00 – 12:00 Get Up & Go 1pm – 2pm Emotional Regulation 4 week workshop With facilitator Melinda Registration Required 2pm – 3pm	13 Breakfast Club 9:45 - 10:30- \$1 (Oatmeal & Baked apples) Galaxy Matinee Scene Card Price \$5.75 No Scene card \$7.99 Registration Required 11:30 -4:00 	14 Green Goodie Baking 11:30am (Free) Talent Show 2 nd Rehearsal 2pm 	15 Centre Closed for Team Meeting 9:00am – 12pm St Patty's Day Party 1:00 – 3:00 	16 Healthy Meals Cooking Class "Pulled Pork on a Bun" Registration Required \$2.00/person 10:30 – 1:00 Animated Flick "The Secret of Kells" 2:00 -4:00
19 ALL STAFF RETREAT All REACH4Recovery Centers CLOSED	20 Shake & Bake (cookies) 10am – 11:00 Healthy Boundaries <i>In Friendship</i> With facilitator Sharon Registration Required 2:30 – 3:30	21 Monthly Adventure "Ontario Science Center" \$13. Admission Pack a lunch or bring \$ for lunch Registration Required Please be at center no later than 9:30AM Return Time 4:00pm	22 Arts & Crafts Group 1:30 – 3:00  Rock@Reach Live Music 2:30 – 3:30	23 Healthy Meals Cooking Class "Winter Soup" Registration Required \$2.00/person 10:30 – 1:00 Drama Flick "Moneyball" 2:00 -4:00
26 Bingo – 11am-12pm Get Up & Go-1pm – 2pm Emotional Regulation 4 week workshop With facilitator Melinda Registration Required 2pm – 3pm	27 Breakfast Club 9:45 - 10:30- \$1 (Eggs & Bacon) Keeping House <i>Eco cleaning(register)</i> Package given at end of workshop 2-3pm	28 Photovoice 10am – 11am Work Out @YMCA \$5.00 + bus fare Please register 1:30-3:30pm	29 Centre Closed for Team Meeting 9:00am – 12pm Arts & Crafts Group With Facilitator Melinda 1:00 – 2:30 Walking Club 3-4pm	30 Healthy Meals Cooking Class "Surprise" Registration Required \$2.00/person 10:30 – 1:00 Action Flick "The Tourist" 2:00 -4:00