

Kawartha Lakes Reach for Recovery Centre

(705) 878-3379

February 2012

3 Kent Street West

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|
| GOOD FOOD BOX ORDERS DUE FEB.7 2012 | Every Tuesday REACH for Recovery in Bobcaygeon 1-3pm Knox Presbyterian Every Wednesday REACH for Recovery in Omemece 1-3pm Curling Club | 1 Walking group 11am-12pm Facing Stigma 1pm-2pm BINGO 2:30pm – 3:30pm | 2 Closed 9am- 12:30pm For Team Meeting Billiards 1-3pm | 3 \$2 Lunch BBQ Chicken Sandwich 11:30am- 1pm Afternoon Movie Ocean's Eleven 2-4pm | 4 Morning Coffee group 11am-12:30pm Billiards 1-2:15pm |
| 6 Arts and Crafts 11am-12pm Photovoice 1pm-3pm | 7 Breakfast Club \$1 Sausage and Egg McMuffin 9:30am-10:30am CIA Group 10:30am-11:30am Knitting Group 2pm-3pm | 8 Spectrum Gym Meet at KLR4R at 10:45am -12pm Facing Stigma 1pm-2pm BINGO 2:30pm -3:30pm | 9 Wii Tournament Sports 10-11:30am Billiards 1-3pm | 10 \$2 Lunch Lasagna and Garlic Bread 11:30am- 1pm Afternoon Movie He's Just Not That Into You 2-4pm | 11 Morning Coffee group 11am-12pm Movie 12-2:30pm |
| 13 Arts and Crafts 11am-12pm Rock at R4R 1-2pm Photovoice 1pm-3pm | 14 Breakfast Club \$1 Cinnamon Heart Pancakes 9:30am-10:30am Knitting Group 2pm-3pm | 15 Walking Group 11am-12pm Facing Stigma 1pm-2pm BINGO 2:30pm – 3:30pm | 16 Closed 9am- 12:30pm For Team Meeting Ping Pong 1:30- 2:30pm | 17 \$2 Lunch Broccoli and Cheese Soup 11:30am- 1pm Afternoon Movie Smurf Movie 2-4pm | 18 Morning Coffee group 11am -12pm Board games 12-2pm |
| 20 CLOSED for Family Day Holiday | 21 Breakfast Club \$1 Hashbrown Casserole 9:30am-10:30am Knitting Group 2pm-3pm | 22 TVO Discussion and Pizza 10:30am-12pm Facing Stigma 1pm-2pm BINGO 2:30pm-3:30pm | 23 Wii Tournament Sports 10-11:30am Billiards 1-3pm | 24 \$2 Lunch Sloppy Joes 11:30am- 1pm Afternoon Movie Hugo 2-4pm | 25 Morning Coffee group 11am-12pm Movie 12-2pm |
| 27 Arts and Crafts 11am-12pm Rock at R4R 1-2pm Photovoice Info Session! 1pm-3pm | 28 Monthly celebration 12-2pm Wii Karaoke Knitting Group 2pm-3pm | 29 Walking group 11am-12pm Facing Stigma 1pm-2pm BINGO 2:30pm – 3:30pm |  | Please Register three days in advance for food groups  | |

NOTE: KLR4R offers Peer Support Monday to Friday 9:00am – 4:30pm and Saturday 11:00am- 2:30pm.

Programs are subject to change due to unforeseen events.